

## 7<sup>th</sup>/ 8<sup>th</sup> Grade Membership Rules

7<sup>th</sup>/ 8<sup>th</sup> graders can access CCBA facilities with a day pass (\$7) or 7<sup>th</sup> grade – high school membership (monthly, EFT, and annual options).

Membership includes lap swimming (or open swim), basketball courts (when not reserved), lobby/game room, group fitness studio (mats and weights), strength room\*, and cardio room\*. A day pass includes basketball courts (when not reserved), lap swimming (or open swim), lobby/game room.

***\*An orientation with a Fitness Instructor is required prior to using cardio and strength equipment.***

Membership does not include group fitness classes, free weight room, training studio, and mind & body studio. These are for high school and older only. The sauna, hot tub and cold plunge are for 18+ or 15-17 years old when accompanied by a parent/guardian.

### Rules:

- 7<sup>th</sup>/ 8<sup>th</sup> graders must leave the building by 6 p.m. on weekdays unless they are with a paying guardian.
- 7<sup>th</sup>/ 8<sup>th</sup> graders must abide by the same rules as all Members, especially concerning behavior and safety. See the CCBA's website, [joinccba.org](http://joinccba.org), for safety standards, rules and guidelines, and Member expectations.
- 7<sup>th</sup>/ 8<sup>th</sup> graders must be mature enough to follow all CCBA rules without parental supervision.
- Unsafe or poor behavior will not be tolerated. Memberships may be revoked, and refunds will not be given.

**I have read and agree to abide by the above rules. Rules are subject to change.**

Youth Member Name (PRINT): \_\_\_\_\_ Grade: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Youth Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/ Guardian Name (PRINT): \_\_\_\_\_

Parent/ Guardian Signature: \_\_\_\_\_

### FITNESS STAFF USE ONLY – 7<sup>th</sup>/ 8<sup>th</sup> Grade Fitness Orientation

#### Strength Room

Date Completed: \_\_\_\_\_

Instructor Initials: \_\_\_\_\_

#### Cardio Room

Date Completed: \_\_\_\_\_

Instructor Initials: \_\_\_\_\_

FRONT DESK: Please place signed form in wire basket at front desk. Jesse will set up orientation.