

7th/ 8th Grade Membership Rules

7th/ 8th graders can access CCBA facilities with an active day pass (\$7) or 7th grade – high school membership (monthly, EFT, and annual options).

Membership includes lap swimming (or open swim), basketball courts (when not reserved), circuit strength room*, and cardio room*.

An active day pass includes basketball courts (when not reserved) and lap swimming (or open swim).

****A demonstration with a Fitness Instructor is required prior to using cardio and circuit strength equipment. It is left to the discretion of the Fitness Instructor to determine the number of demos needed. The decision is based on the Member's understanding of equipment usage and their comprehension of gym etiquette.***

Membership does not include free weight room, training studio, mind & body studio, sauna, or whirlpool. These spaces are for high school and older only. The sauna and whirlpool are for 18+.

Rules:

- 7th/ 8th graders must leave the building by 6 p.m. on weekdays.
- 7th/ 8th graders must abide by the same rules as all Members, especially concerning behavior and safety. See the CCBA's website, joinccba.org, for safety standards, rules and guidelines, and Member expectations.
- 7th/ 8th graders must be mature enough to follow all CCBA rules without parental supervision.
- Unsafe or poor behavior will not be tolerated. Memberships may be revoked, and refunds will not be given.

I have read and agree to abide by the above rules. Rules are subject to change.

Youth Member Name (PRINT): _____ Age: ____ Grade: ____

Phone Number: _____

Youth Member Signature: _____

Parent/ Guardian Name (PRINT): _____

Parent/ Guardian Signature: _____

FITNESS STAFF USE ONLY – 7 th / 8 th Grade Fitness Orientation	
Circuit Demo 1	Circuit Demo 2 (if needed)
Date Completed: _____	Date Completed: _____
Instructor Initials: _____	Instructor Initials: _____
Cardio Room Demo 1	Cardio Room Demo 2 (if needed)
Date Completed: _____	Date Completed: _____
Instructor Initials: _____	Instructor Initials: _____

FRONT DESK: Please place signed form in Joanna's mailbox. Joanna will forward to fitness.