

# August 2021 Newsletter



[August Group Fitness Schedule](#)

[August Pool Schedule](#)

Hello Friends!

We hope the second half of your summer is off to a great start! This month's newsletter highlights additional youth offerings beginning this week, including expanded pool and gym opportunities for members in 5th grade and up. We also wanted to share our new logo, "Dash"! Dash is a modernized version of our former logo. Special thanks to Carolyn Dugas, our Marketing Coordinator and in-house graphic designer for creating our new logo!



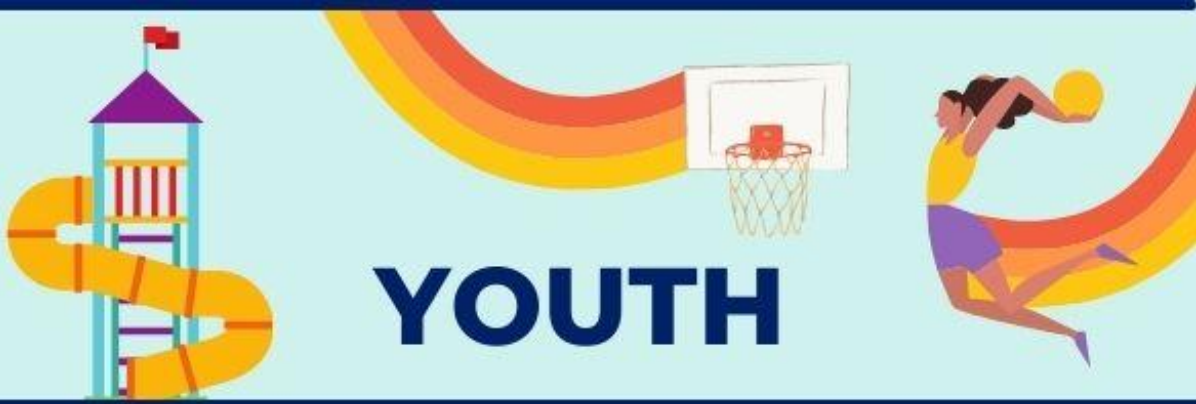
We are thrilled to be working with New England Sports Park to bring a new turf field and a multi-purpose sport court to our grounds. We will be developing unique programming for members to use the surfaces. In addition, youth and adult sports leagues will be utilizing the sports park. Stay tuned for more information regarding the sports park later this month!



Stay healthy,

Your friends at the CCBA

*Save this email for easy access to our Group Fitness/Zoom Class and Pool Schedules - links conveniently located at the top of this email!*



## **Kids Open Swim!**

Kids in 5th grade and up – come check out our kids' open swim Tuesdays and Thursdays from 4-5 PM\*!

This is a fun time to splash around the pool with your friends or do a cannonball off the diving board – no parents required.

*\*For CCBA members*

## **Kids Open Gym!**

Kids in 5th grade and up – come check out our kids' open gym Mondays and Wednesdays from 4-5 PM\*! Basketballs provided.

*\*For CCBA members*

## **College Essay Application Workshop**

*August 16th - 19th, Monday - Thursday, 6:00 PM - 8:00 PM*

Class of 2022, would you like to have at least three essays AND one college application completed before school starts?

Join veteran independent school college counselor and writing teacher, Ned Harris, for this intensive workshop!

Cost: \$250

Maximum 15 participants

Questions? Email [nedharris2020@gmail.com](mailto:nedharris2020@gmail.com)

**Please fill out this form** to sign up.

## **CCB Free Youth Center**

*August Hours: Monday - Friday 8:00 - 4:00 PM*

We offer this program for free to children in the Lebanon area.

**Please call Jim Vanier to make a reservation at 603-448-3055.**

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# HOURS



## Fitness Hours

### Monday - Thursday

5:30 am - 7:30 pm

### Friday

5:30 am - 7:00 pm

### Saturday

7:00 am - 1:00 pm

## Child Activities Room

*Free onsite child care service*

### Monday - Thursday

9:00 - 11:00 am

## Pool Hours

### Monday - Thursday

5:30 am - 12:45 pm

4:00 - 7:00 pm

### Friday

5:30 am - 12:45 pm

4:00 - 6:45 pm

### Saturday

8:00 am - 12:45 pm

*See the [pool schedule](#) for lap and family swim time details.*

## Connect and Share!

603-448-6477 | [www.joinccbba.org](http://www.joinccbba.org)

