# July/August 2021 Newsletter



**Carter Community Building Association** 

July Group Fitness/Cycling & Zoom Schedule

July Pool Schedule

Hello Friends!

It is nice and cool in the Witherell Recreation Center! We are ready for you to get fit and have fun here this summer!

We appreciate all of our members and guests abiding by our mask and safety procedures! Beginning July 1 masks will be optional for those that are vaccinated. If you are not vaccinated, you will still be required to wear a mask that covers your nose and mouth while using our facilities.

Stay healthy,

Your friends at the CCBA

Save this email for easy access to our Group Fitness/Zoom Class and Pool Schedules - links conveniently located at the top of this email!



# Denise's retirement in the age of COVID-19!

All are invited to enjoy coffee, tea and some light snacks and refreshments!

We are finally ready for an in person celebration with members, staff and those in the community! Please join us in thanking Denise for her 33 years of service at the CCBA's Witherell Recreation Center. She started working here when we opened in 1987 and retired May 2, 2020! Please stop by and join us!

When: Thursday, July 15, 2021, 11:00 am

Where: Weather dependent, our front lawn or gymnasium

Please kindly put your name on our guest list at the front desk - this will help us anticipate the amount of yummy snacks needed.



Click here for our Membership Rates

You asked for it, and here it is again! A prepaid 3 month membership!

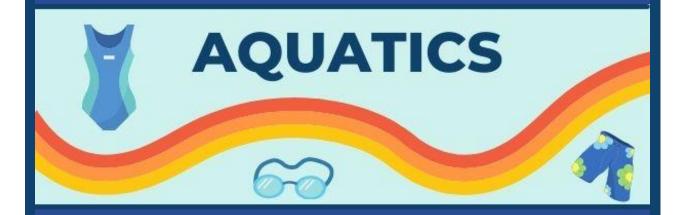
### 3 Month Membership

Enjoy full use of our fitness center for the next 3 months! Stay in shape with this special deal. Available for purchase from July 5 -12.

#### **PRICES**

High School - \$87 Young Adult (HS grad - age 28) - \$157 Adults - \$216 Senior - \$174 Family 1 adult - \$251 Family 2 adult & Couple - \$407

Click here for our July Group Fitness/Zoom Class Schedule



Click here for our July Pool Schedule

#### **Children's Swim Lessons**

Get your kids swimming this summer! These sessions are taught by our American Red Cross certified staff. Ages 3+.

Next session will begin in July with weekday intensives and Saturday options.

### **Adult Swim Lessons**

These lessons are open to beginners and those who want to improve their technique. Everyone will learn at their own pace and comfort level. These lessons are taught by our American Red Cross certified staff.

Next session will begin mid-July with a Saturday option.

Our swim lessons are very popular! If you find that the session you are interested in is full, we encourage you to call our Welcome Desk and be put on a waitlist.



## Open Swim for 5th/6th Grade and up

Beginning July 6, Tuesdays and Thursdays, youth members, 5th grade and up can join us for an hour of open swim, with the diving board from 4:00 - 5:00 pm! This is a great time to drop your children off and let them be active for an hour in the pool. When children are done swimming they can take a quick shower before being picked up. At this time, there is no hanging around inside our building.

## Open Basketball for 5th/6th Grade and up

Beginning July 5, Mondays and Wednesdays, 4:00 - 5:00 pm, youth members, 5th grade and up can join us for an hour of open gym time in our basketball courts. At this time, there is no hanging around inside our building. No open gym the week of July 12 because of Next Level Basketball Camp. <u>Next level Basketball - Ages 8 - 14</u>

#### **CCB Youth Center -**

July & August Hours: Monday - Friday 8:00 - 4:00 PM

With reservations, children in grades 3-6 may come to the Carter Community Building (CCB) to play basketball, billiards, board games, and more. Please bring a water bottle, snack and lunch if you are staying the day.

Every Wednesday for the summer kids will have the choice to swim at the Witherell Recreation Center from 3:00 - 4:00 pm. They will be escorted between the buildings. Children must bring a bathing suit and a towel - parents, please give permission to Jim Vanier.

We offer this program for free to children in the Lebanon area. Please call Jim Vanier to make a reservation at 603-448-3055.

### Camp CCBA

Now - August 13th Monday-Friday 7:30 am - 5:30 pm Ages 5 - 11

We still have availability! Choose from any of our 9 weeks of fun to keep your kids active and engaged this summer. This year's themes include archery, water play, nature hikes, bike riding, field games, art, and more! Weekly activities include bike/scooter days, daily swims, sports and field games, nature walks, arts and crafts and more. Swim lessons are available for a fee. COVID safety measures will be in place. It is all about having fun at

Camp CCBA!

Members: \$220/weekNon-Members: \$250/week

## **How Are We Doing?**

We appreciate all member and community feedback. What's good? What needs improvement?

Let us know by clicking the link above!



### **Fitness Hours**

### **Monday - Thursday**

5:30 am - 7:30 pm

### **Friday**

5:30 am - 7:00 pm

#### **Saturday**

7:00 am - 1:00 pm

## **Child Activities Room**

child care service

## **Monday - Thursday**

9:00 - 11:00 am

## **Pool Hours**

#### **Monday - Thursday**

5:30 am - 12:45 pm 4:00 - 7:00 pm

### **Friday**

5:30 am - 12:45 pm 4:00 - 6:45 pm

#### **Saturday**

8:00 am - 12:45 pm

Reservations for the pool are required and can be done **2 days** in advance.

See the **pool schedule** for lap and family swim time details.

# **Connect and Share!**

603-448-6477 | www.joinccba.org



