



# POOL SCHEDULE

**JULY 2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 8:45 AM <b>Laps &amp; Exercise</b> 6 Lanes	5:30 - 6:00 AM <b>Laps &amp; Exercise</b> 6 Lanes	5:30 AM - 12:45 PM <b>Laps &amp; Exercise</b> 5-6 Lanes	5:30 - 6:00 AM <b>Laps &amp; Exercise</b> 6 Lanes	5:30 - 8:45 AM <b>Laps &amp; Exercise</b> 6 Lanes	6:30 - 8:00 AM <b>Masters Swim</b> Pool Closed
9:00 - 10:00 AM <b>Aqua Zumba</b> Haley Dennison	6:15 - 7:15 AM <b>Masters Swim</b> 1 Lane Open	10:00 AM - 1:45 PM <b>Lessons</b>	6:15 - 7:15 AM <b>Masters Swim</b> 1 Lane Open	9:00 - 10:00 AM <b>Aqua Fitness</b> Joanna Graber	8:00 - 11:45 AM <b>Laps &amp; Exercise</b> 3-6 Lanes
10:00 AM - 12:45 PM <b>Laps &amp; Exercise</b> 3-4 Lanes	7:15 - 8:45 AM <b>Laps &amp; Exercise</b> 5-6 Lanes	4:00 - 6:00 PM <b>Laps &amp; Exercise</b> 5-6 Lanes	7:15 - 8:45 AM <b>Laps &amp; Exercise</b> 6 Lanes	10:00 AM - 12:45 PM <b>Laps &amp; Exercise</b> 6 Lanes	9:30 AM - 12:00 PM <b>Lessons</b>
10:00 AM - 1:45 PM <b>Lessons</b>	9:00 - 10:00 AM <b>Aqua Fitness</b> Susan Lamontagne	6:00 - 7:00 PM <b>Laps &amp; Exercise</b> 6 Lanes	9:00 - 10:00 AM <b>Aqua Fitness</b> Jenny Sielicki	4:00 - 6:45 PM <b>Laps &amp; Exercise</b> 3 Lanes	12:00 - 12:45 PM <b>Laps &amp; Exercise</b> 2 Lanes
4:00 - 7:00 PM <b>Laps &amp; Exercise</b> 4-6 Lanes	10:00 AM - 12:45 PM <b>Laps &amp; Exercise</b> 3-4 Lanes		10:00 AM - 12:45 PM <b>Laps &amp; Exercise</b> 3-4 Lanes	4:00 - 6:45 PM <b>Family Swim</b>	12:00 - 12:45 PM <b>Family Swim</b>
	10:00 AM - 1:45 PM <b>Lessons</b>		10:00 AM - 1:45 PM <b>Lessons</b>		
	4:00 - 5:00 PM <b>Kids Open Swim</b>		4:00 - 5:00 PM <b>Kids Open Swim</b>		
	4:00 - 7:00 PM <b>Laps &amp; Exercise</b> 3-6 Lanes		4:00 - 7:00 PM <b>Laps &amp; Exercise</b> 3-6 Lanes		

## KEY

Kids Open Swim

Masters Swim,  
Limited Use

Lessons

Other

Aqua Class

Family Swim

**Questions?** Contact Marie at [marie.derosier@joinccba.org](mailto:marie.derosier@joinccba.org)

### Reservations

Reservations are required for all pool use. Reserve your spot via our mobile app, website, or at our Welcome Desk. Day passes do not include access to the pool.

### Family Swim

Included with all Family Memberships. Members can bring non-member guests for \$5 per person (does not include lap swimming for guests).

### Kids Open Swim

Kids 5th grade and up can come splash around! The diving board is open to deep end swimmers.

### Laps & Exercise

Included with all memberships.  
**Aqua Classes**  
Included with all memberships.

### Lessons

We offer small group lessons & private lessons for adults and children. Both members and non-members can register for group lessons online or at our Welcome Desk.

### Masters Swim

Members can purchase a Masters Swim Membership or punch card at our Welcome Desk.