

March 2021 NEWSLETTER



Carter Community Building Association

[Group Fitness& Zoom Schedule](#)

[Pool Schedule](#)

Greetings, Friends!

We hope you are all doing well and looking forward to the start of spring! We've been busy here with facility improvements, adding new classes and instructors, and keeping our preschool and youth drop-in center going strong.

As we approach the year anniversary of our COVID-related closure, we find ourselves still missing so many of you. Being together is part of the magic of the CCBA and we hope to see you soon!

We are happy to hear that many of you have recently received your vaccinations and with that in mind, you'll find information below on an open house for former members - ideal for those who have been waiting to be vaccinated before returning. We encourage you to make a reservation to see the improvements we've made, for us to get a chance to say hello, and to be entered into a free drawing for membership!

Based on member feedback, our Young Adult Membership is being extended through age 28. If you are in that age range, or you know someone who is, take advantage of the new lower rate and our fantastic facilities.

We had over 90 members participate in our New Year's Commit To Get Fit program! Sometimes getting started with a workout routine is the hardest part and we hope this gave you the support you needed to sustain your routine in 2021. Look for more member challenges in the coming months!

Speaking of how terrific our members are, we loved meeting the friends you invited to the Witherell Recreation Center to take advantage of the free week of membership in February. Over 30 of you shared the love. Thanks!

Wishing you all the best in health,

The CCBA Team

P.S. Save this email for easy access to our Group Fitness/Zoom Class and Pool Schedules - links conveniently located at the top of this email.



Try our EFT Memberships and SAVE \$20 off your first month*

**3 month minimum, excludes High School Memberships, offer expires 3/25 at 6:30 pm*

[Click here to see all of our membership options](#)

Calling all former members!

Special Open House! Saturday, March 13th from 1:00 - 3:00 pm

- Guided Tour of our new layout with a staff member
- Demos on our new circuit/strength training equipment
- Drawing for FREE membership
- *Reservations required, please call our Welcome Desk!*

Did you have time left on your membership when we closed for COVID-19? Let us help you reactivate your membership. We will have staff available to answer any membership questions you have. If you can't make the Open House, feel free to email [Barbara](#) to make an appointment for a personal tour.

Childcare is free with your family membership!

Our Child Activities Room is currently open 9:00 - 11:00 am Monday - Thursday. Reservations required.

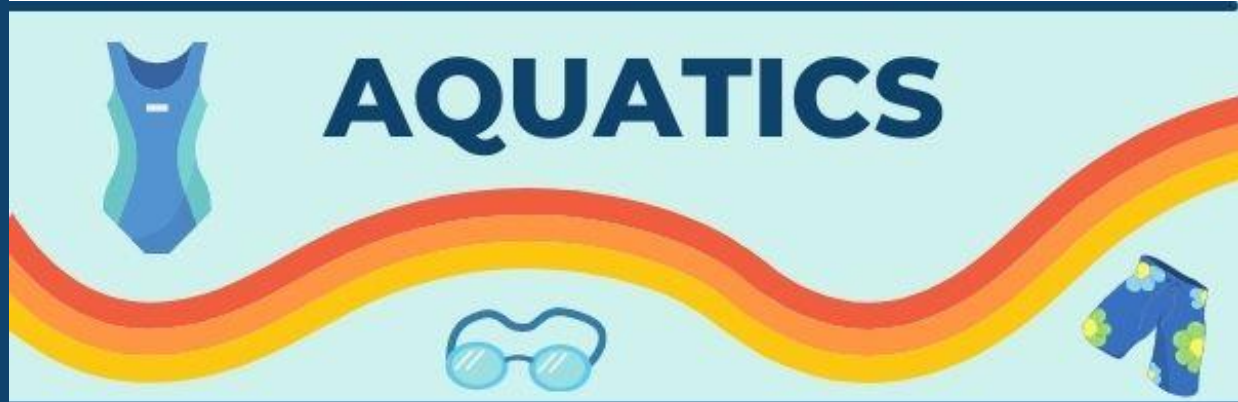


Group Fitness classes are going strong in person and online!

"I love the new infusion of classes. It keeps things fresh and I'm having fun with the great instructors!" - J.C.

Fun fact: Joanna has people join her Zoom classes from around the world! We also have parents and their grown children who live in different countries joining each other for classes with our instructors and a chance to be together. How cool is that?!

[Click here for our March Group Fitness/Zoom Class Schedule](#)



Children's Swim Lessons

These run for four weeks and are taught by our American Red Cross certified staff. Lessons begin the week of March 1st.

[Click here for details and to sign up](#)

Members! Family Swim Time is Back!

Fridays: 4:00 - 6:30 pm & Saturdays: 12:00 - 1:00 pm

- FREE for those with a family membership.
- Adult members may bring guests to family swim for \$5/person.
- Call our Welcome Desk to make your reservations

Please note: parents need to be in the water with children who cannot swim on their own. Parents must be on the pool deck with children who can swim on their own. Masks are required up until entry into the pool water; we require a temperature and health screening for every participant.

Looking for some more family fun?

Enjoy our sunny, warm pool with your own private group!

Families love having our lifeguarded pool and diving board to themselves! Rental is for one hour for up to 12 friends in your bubble.

Members: \$60, Non-member: \$75

Interested? Contact Marie at marie.derosier@joinccbba.org

Join our MASTERS Swim Team

[Click here for details on MASTERS Swim](#)

Lifeguard Certification Course Update

We are offering a lifeguard certification course this spring. E mail [Marie](#) for more information.



YOUTH

April Vacation Camp Enrolling Now

April 12 - 16th
8:00 am - 4:30 pm
Ages 6-10

Our fun-filled vacation camp includes an active week of playing in the gym, splashing in the pool, and enjoying lots of time outside. COVID safety measures will be in place.

Member: \$190/week or \$55/day
Non-Member: \$220/week or \$75/day

[Click here for more information](#)

A Few Spots Remain for the CCBA Preschool 2021-22 School Year.

Our preschool offers a supportive, welcoming, and diverse learning environment for ages 2 - Pre-K!

Learn about our programs and inquire about openings by contacting Eileen Urquhart, Preschool Program Director: eileen.urquhart@joinccba.org

Our Classes

Check out all of the classes included with your membership!

How Are We Doing?

Help us be the best we can be! We appreciate all member & community feedback. What's good? What needs improvement?



HOURS & CLASSES



Fitness Hours

Monday - Thursday

Pool Hours

Monday - Friday

5:30 am - 7:30 pm

5:30 am - 12:45 pm

4:00 - 6:30 pm

Friday

5:30 am - 7:00 pm

Saturday

8:00 am - 12:45 pm

Saturday

7:00 am - 1:00 pm

see pool schedule for details of lap & family swim times

603-448-6477 www.joinccbba.org

Connect and Share!

